


All events and programs are complimentary and you are always welcome to bring a friend.
Just RSVP by calling **484-568-4777**.

Lincoln Court Shopping Center: 235 Lancaster Avenue, Malvern

 **SAGE LIFE** | Living to the Power of You



Pickleball

The fun sport with the funny name! We've set up an indoor court. Don't know how to play? No problem. All skill levels welcome for this fun weekly session.
MONDAYS, June 11, 18, and 25, 11:00 AM



Watercolor

Yes, you can! Everyone can be an artist. Come fall in love with the simplicity and beauty of watercolor painting. Taught by Beth Clark, MFA, Pennsylvania Academy of Fine Arts. **MONDAYS, June 11, 18, & 25, 3:00 PM**



Happy Hour

Pop in (no RSVP required) and have a glass of wine, beer, or a soft drink and learn what's new at Echo Lake or tell us what's new with you.
MONDAY THROUGH FRIDAY, 4:00 - 5:30 PM



Tai Chi

Tai chi is an ancient Chinese tradition that is great for battling stress and anxiety and improving balance and flexibility. Make it a regular practice and see the results. **EVERY FRIDAY, 11:30 AM**



Tech 101

Are you getting the most out of your techy gadget? Get expert help with setting it up or some tips for using it. **EVERY FRIDAY at 3:00 PM**

SPECIAL EVENTS IN JUNE

Red Cross Blood Drive

The need doesn't take a summer vacation.

Come, make a donation and take home a 'thank you' gift to acknowledge your special gift.

MONDAY, June 4, 11 AM - 4 PM

Spa Day!

It's all about you.

Massages and manicures and blow-outs, oh my! Treat yourself to a little pampering and refreshments. Bring a friend!

MONDAY, June 18, 1 - 4 PM

Ross Kershey Lecture

Everybody loves Ross.

He makes every lecture fascinating, so you know that, with the Watergate Scandal as his topic, this one will be a special one.

TUESDAY, June 19, 2 PM

Join us for an Enlightening Brunch

Thursday, June 28 at 11 AM

Learn all about options in retirement living and discover Echo Lake...enjoy a catered brunch, too.